

WEST LAFAYETTE CHRISTIAN CHURCH

EPHESIANS 3:14-19

Strengthened, Rooted, and Filled

SMALL GROUP DISCUSSION GUIDE

KEY PASSAGE • Ephesians 3:14-19

PURPOSE

Paul's prayer redirects our attention from outward circumstances to the inner person. This study explores his three requests: that believers be strengthened by the Spirit, grasp the immeasurable love of Christ, and be filled with all the fullness of God.

BIG IDEA God does not merely change our circumstances. Through Christ and the Spirit, He transforms us from the inside out so that His character and glory overflow through our lives.

SERMON OUTLINE

- **Redefining Our Prayer Requests:** Paul models prayer for matters of eternal significance, especially the condition of the inner person.
- **Strengthened with Power:** The Spirit applies resurrection power within us as Christ continually transforms the heart into His dwelling place.
- **Strength to Comprehend and Know:** Believers need God-given strength to grasp and experience the breadth, length, height, and depth of Christ's love.
- **Filled with the Fullness of God:** As God fills our lives, His presence displaces what does not belong and overflows toward those around us.

OPENING CONNECTION

What is the most common type of prayer request you find yourself making? Why do you think that is?

READ TOGETHER • EPHESIANS 3:14-19

As the passage is read aloud, listen for the progression in Paul's prayer. What word or phrase stands out to you?

1

Strengthened with Power | Ephesians 3:14-17a

Paul asks the Father to strengthen believers with power through His Spirit in the inner person so that Christ may dwell in their hearts through faith. The sermon compares this work to a remodeling project: Christ is not merely visiting but continually making our inner lives a fitting dwelling place.

- How does Paul's focus on the inner person change the way you think about spiritual growth?
- How is praying for spiritual strength different from praying only for changed circumstances?
- What does the remodeling image suggest about Christ's ongoing work in us?
- What "room" of your life might Christ currently be renovating?

KEY TRUTH The Spirit strengthens us from within so that Christ's transforming presence increasingly shapes every part of life.

2 Rooted and Grounded in Love | Ephesians 3:17b

Paul pictures believers as both a living plant with deep roots and a building resting on a stable foundation. Christ's love is not an occasional encouragement; it is the soil and foundation of the Christian life.

- What practices help us become more deeply rooted and grounded in Christ's love?
- What tends to weaken our confidence in Christ's love?
- How can a small group help its members remain rooted when circumstances are difficult?

3 Strength to Comprehend and Know | Ephesians 3:18-19a

Paul prays that the whole church may have strength to comprehend the breadth, length, height, and depth of Christ's love and to know a love that surpasses knowledge. This is more than knowing facts about love; it is experiencing Christ's love within the life of God's people.

- Why does Paul describe Christ's love with dimensions? What do these images communicate?
- Why might we need spiritual strength to comprehend Christ's love?
- What is the difference between knowing about Christ's love and personally knowing that love?
- Why is this prayer directed toward all the saints rather than isolated individuals?

KEY TRUTH Christ's love is greater than our ability to explain, yet God invites us to know and experience it together.

4 Filled with All the Fullness of God | Ephesians 3:19b

Paul's final request reaches the goal of the prayer: that believers be filled with all the fullness of God. The sermon uses the image of a room being filled. As God's glory fills us, it displaces the "junk" that competes with Him and overflows into the lives of others.

- What do you think it means to be filled with all the fullness of God?
- What attitudes, habits, fears, or desires tend to occupy space that should belong to God?
- What evidence would show that God's presence is increasingly filling a person's life?
- What are practical ways God's fullness can overflow toward neighbors, coworkers, or family this week?
- How does this prayer help answer the question, "Why did God save us?"

PERSONAL REFLECTION

Which request in Paul's prayer do you most need today: strength in the inner person, a deeper grasp of Christ's love, or greater fullness of God? Why?

PUT IT INTO PRACTICE

Personal: Pray Ephesians 3:16-19 each day this week for yourself and for one other believer.

Group: Identify one way you can support one another in praying for inner transformation rather than only for outward circumstances.

PRAY TOGETHER

Pray for strength through the Spirit, a deeper experience of Christ's love, freedom from whatever crowds God out, and lives that reflect His image and glory to others.

MAIN TAKEAWAY

God strengthens us within, roots us in Christ's immeasurable love, and fills us with His fullness so that we reflect His glory.

"That you may be filled with all the fullness of God." — Ephesians 3:19

Filename: Ephesians_3_14-19_Small_Group_Discussion_Guide
Directory: C:\Users\Stacy Abernathy\Desktop\Ephesians Series
Template: C:\Users\Stacy
Abernathy\AppData\Roaming\Microsoft\Templates\Normal.dotm
Title: Ephesians 3:14-19 Small Group Discussion Guide
Subject: Editable small group Bible study discussion guide
Author: Stacy Abernathy
Keywords:
Comments: generated by python-docx
Creation Date: 10/12/2026 1:12:00 PM
Change Number: 2
Last Saved On: 10/12/2026 1:12:00 PM
Last Saved By: Stacy Abernathy
Total Editing Time: 0 Minutes
Last Printed On: 10/12/2026 1:13:00 PM
As of Last Complete Printing
Number of Pages: 3
Number of Words: 830 (approx.)
Number of Characters: 4,731 (approx.)